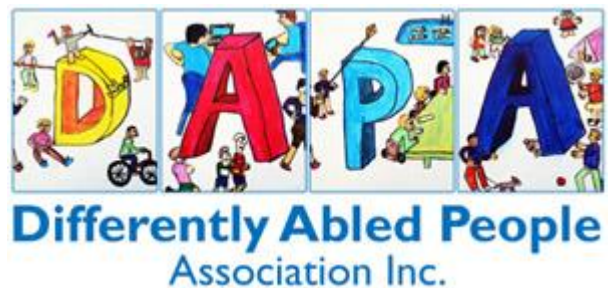


## 協能自生會

Address | Unit 1, 378 Parramatta Road, Homebush NSW 2140  
Website | [www.dap.asn.au](http://www.dap.asn.au)  
Phone | (02) 9763 5702  
Email | [info@dap.asn.au](mailto:info@dap.asn.au)



## **DAPA July Activity Report**

### **NDIS in Action**

July is the start of NDIS roll-out in Sydney. Following our NDIS In-Road Information session in April and Consultation Session in May, Ian Mackenzie led us into NDIS registration process. This process will involve hundreds of hours of work for our staff and volunteers. In August, an international auditing company will examine our office procedures to ensure we are accredited to operate within NDIA's and Health Standards guidelines. This will allow us to assist other potential NDIS clients to obtain necessary help for desperate support needs.

As part of necessary changes to the way of our operation, our office needs modifications to become more accessible (wider entrance shown at right). We also need to expand our operation to the next building where we can hold education classes and meetings.



Some of our participants have already gone through NDIA interviews. We are lucky that we have been told of past experiences from examples we have had in our previous information sessions. Although our carers were a little nervous, yet everything went well according to our plan with fully prepared material to show to the planner. We will be holding future information sessions to share the experience of our participants.

### **Recreational Programs :**

#### **Music Class**

Our music teacher is hard at work to prepare for our next performance. Like every year, our major stage show will be on stage in front of thousands of people during the popular Eastwood Granny Smith festival in October. We usually surprise our audience with songs from various languages. Our participants are busy practising in our classroom.



# Life Skills :

## Learn to be Chefs

On 31<sup>st</sup> we had a Fun Lunch at the New Empress Restaurant. It was a great lunch that the owner

Susan supported us to let our participants to be chefs for the lunch time. We had SBS Cooking Presenter, Cecilia Lau, to teach our participants and guests to cook a few dishes for our tables to taste. They were absolutely delicious: up to good restaurant standards



Both Jennifer and some other carers including Cecilia's partner Bosco were actively assisting our participants. The atmosphere was so exciting ...even including our guest Sunnyfield CEO Caroline and David Cuddihy (See photo right) also showed their skill as great chefs.



Their dish looked so colourful and aromatic (below left) and our participant Leon just could not help to be the first eager and impatient consumer.



Our artist guests Mrs. Chen and Prof. Chang (see right) enjoyed it so much that they stayed despite another engagement. Mrs. Chen donated paintings that raised a few hundred dollars for DAPA. Other photos are shown below:



Some more photos:



## Other Information :

## Art Exhibition

You are cordially invited to the,

**翰墨情深**

**Enchanting China Art Exhibition**

a group exhibition featuring paintings by  
Madam Xiu Ying Chen and her students from  
The Australian Hokkien Huay Kuan Asso (AHHK)  
Traditional Chinese Painting Class.

我们邀请您出席由澳洲福建会馆国画班  
英子老师及学生共同呈现的《翰墨情深》中国画作品联展

日期Date: Saturday, 6th August 2016  
二零一六年八月六日星期六

时间Time: 2:00pm 下午二点

地址Address: Chinese Cultural Centre 中华文化中心  
799 Pacific Hwy, Chatswood  
(TEL:94113799)

## Health Seminar

Dr. Chua Keng Foo graduated as a medical doctor from the University of Malaya. He had worked in Pulau Pinang Hospital for 6.5 years, and completed post graduate study as paediatrician in 2002. He is a member of the Royal College of Physician and Child Health, United Kingdom. Having worked as a private Consultant paediatrician for 1.5 year in Alor Star, he moved to Kuala Lumpur in 2004 to start his own Child Specialist Clinic in PT till today. Dr. Chua also specializes in preventive health and nutrition.

**CHILDHOOD DISEASES AND PREVENTIONS**

A Health Talk Presented By

**DR. CHUA KENG FOO**

Medical Doctor MBBS year 1997 at University of Malaya, Malaysia  
Post Graduate as Paediatrician year 2002 at MRCPCH, United Kingdom  
Owner of Child Specialist Clinic since 2004 at Kuala Lumpur, Malaysia

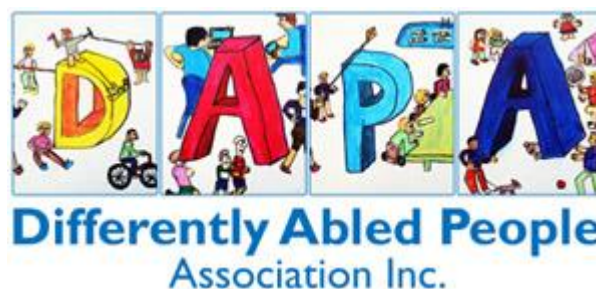
POWERED BY TQG

28 AUG 2016 | SUNDAY | 4:00PM - 6:00PM | LANGUAGE: ENGLISH  
Quest Chatswood, 38 Albert Avenue, Chatswood, NSW 2067, Sydney

**Entry : \$10**

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**Differently Abled People Association (DAPA)** is a not for profit charity organisation founded in Sydney in early 2013. It encourages and supports people with any disadvantage, with **special emphasis** on autism & intellectual disability, to follow their dreams and to live independently.

### **Stronger Forever Program**

We employ known psychological techniques in a normal living environment for people with a disability to adapt and to enrich their lives in creating social and multicultural inclusion:

**Employment** : We **start** the morning **to train** their **fresh mind** to learn typing and to work as computer data entry tasks for **ManyMindsLink (Mobile App)**. We **will pay** them according to Supported Wage System when their productivity rate can be measured. Their work rate will be **revealed** at Monday progress meetings chaired by participants. **Positive Reinforcement technique** is frequently used to encourage participants to reach their weekly targets.

**Recreational Programs** - Having fun and socializing with friends is a major part of DAPA. We try to **embed the element** of recreation across all our programs in between working hours. In this way, we avoid Repetitive Strain effect and open up new interests. We encourage arts, music, dance, drama, internet research, sports and we support Special Olympics.

**Life skills** - We provide support and training to enable people with a disability to develop skills required to assist in living as independently as possible in a home of their choice:

- cooking and nutrition
- home maintenance and hygiene
- healthy lifestyles (swimming, gym **etc**)
- communication and social skills & development of social networks
- confidence building

**Your Support** : Please support our cause and vision with action to:

- Be a **Friend** of **DAPA**.
- Tell other people about this venture
- Download our MMLink App to get familiar which can help people cared by **DAPA**
- Be a **volunteer** of **DAPA**

Go to our website [www.dap.asn.au](http://www.dap.asn.au) or Scan our QR Code

