協能自生會

Address | Unit 1, 378 Parramatta Road, Homebush NSW 2140

Website | www.dap.asn.au Phone | (02) 9763 5702 Email | info@dap.asn.au



DAPA October Activity Report

NDIS in Action

NDIS(實情報告) opportunity



- In those meetings we learnt:
- 1. Don't Presume
- 2. Prepare with simple English
- 3. Write down short/long term goals
- Understand support needs in number of hours travelling cost
- 5. Any tools/equipment/therapies to assist goals

在這些會議上我們了解到:

- 1. 不要自己假定
- 2. 用簡單的英語預備
- 3. 寫下短期/長期目標
- 4. 了解個人需要的幫助 以小時數目來衡量 旅程費用
- 5. 需要任何工具/設備/療法協助達到目標

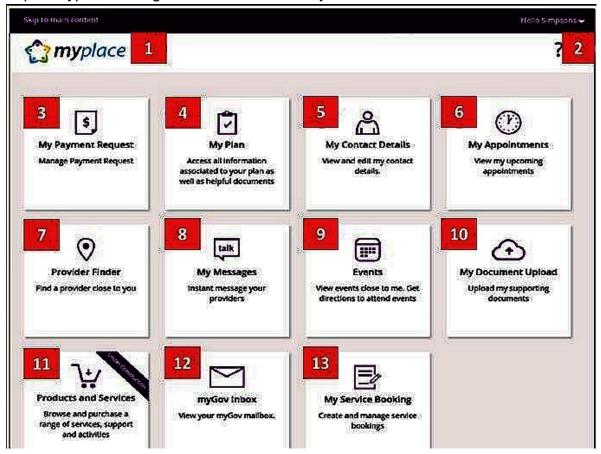
October is a hectic month for us as NDIS hits our area first in Sydney. Luckily we had a very informative session together with Sunnyfield which assisted one of our participants who had no ADHC funding before but was granted an opportunity to be interviewed with NDIS planner and obtained a funding package. Uptil now, we had four participants that were accepted into NDIS with the rest being in the roll-out queue or still waiting to be interviewed by a planner. All participants being interviewed (by NDIS) seemed to have high hopes of receiving better funding.

After receiving your NDIA acceptance letter informing you the amount of fund awarded to support your plan, you have three months to appeal. Your Local Area Coordinator (LAC) will issue you the following documents and will help you to setup your activation key to your login password so that you can access the Participant Portal on NDIS website.



The Myplace Participant Portal looks like:

https://myplace.ndis.gov.au/ndisstorefront/my-account



The first thing you do when you access that important Portal in the website is to enter your bank account number by clicking on My Contact Details button so that any payment, from NDIS to you, can be banked. The next step is to setup your appointments with various services that will support you in activities accepted in the NDIS plan which you can see through the My Plan button.

We have delayed our accreditation process due to this transition period until NDIS funding is flowing into our service fees for our participants.

Stronger Forever Program Handbook

DAPA has finally finished our program handbook which introduces our clients and their carers to the DAPA activities available, the cost structure as well as how our participants can contribute to improve our work.

The handbook explains our rules and procedures with which we will operate.





It also introduces some of our staff and our programs. Also explained are your Rights, our mission, objectives and vision. It also includes how your comments and complaints can be lodged and actioned.

Recreational Programs:

Dancing Class

Our dancing class will be rescheduled to a date when our volunteer returns from an overseas holiday.

Life Skills:

NOR DEV

Learn to count

Reluctantly, with much persuasion and encouragement and enticement, Henry finally put all the mahjong cards in the order of number of objects on those cards.

During the game everyone drew two cards. The one with minimum objects won a chocolate, the one with maximum objects

lost one chocolate, he was happy to score one but when he lost one he was upset. He learned to eat the chocolate as soon as he won a game so he would not lose it!

Learn to fold papers

Some of our participants lack fine motor skills (to manipulate paper with their finger movement).

As an inclusive lesson, each one of our participants learned to make a paper horse, according to instructions given by a teacher.

Everyone paid good attention. We made about 20 horses in about one hour











Community Work:

Granny Smith Festival 2016



This year a community of about 90,000 saw us marching through the street and clapping hands when our performances were on the stage. Many people came to our stall to donate some money and inquired about our arts class etc. We have also sold some paintings and book marks.

Anna's piano on the right

Working Class Man at work (see below)



Performing
That's Amore(below)





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<u>Differently Abled People Association (DAPA)</u> is a not for profit charity organisation founded in Sydney in early 2013. It encourages and supports people with any disadvantage, with **special emphasis** on autism & intellectual disability, to follow their dreams and to live independently.

Stronger Forever Program

We **employ known psychological techniques** in a **normal** living environment for people with a disability to adapt and to enrich their lives in creating social and multicultural inclusion:

Employment: We **start** the morning **to train** their **fresh mind** to learn typing and to work as computer data entry tasks for **ManyMindsLink** (**Mobile App**). We **will pay** them according to Supported Wage System when their productivity rate can be measured. Their work rate will be **revealed** at Monday progress meetings chaired by participants. **Positive Reinforcement technique** is frequently used to encourage participants to reach their weekly targets.

Recreational Programs - Having fun and socializing with friends is a major part of DAPA. We try to **embed the element** of recreation across all our programs in between working hours. In this way, we avoid Repetitive Strain effect and open up new interests. We encourage arts, music, dance, drama, internet research, sports and we support Special Olympics.

Life skills - We provide support and training to enable people with a disability to develop skills required to assist in living as independently as possible in a home of their choice:

- cooking and nutrition
- home maintenance and hygiene
- healthy lifestyles (swimming, gym etc)
- communication and social skills & development of social networks
- confidence building

Your Support: Please support our cause and vision with action to:

- Be a Friend of DAPA.
- Tell other people about this venture
- Download our MMLink App to get familiar which can help people cared by DAPA
- Be a volunteer of DAPA

Go to our website <u>www.dap.asn.au</u> or Scan our QR Code

