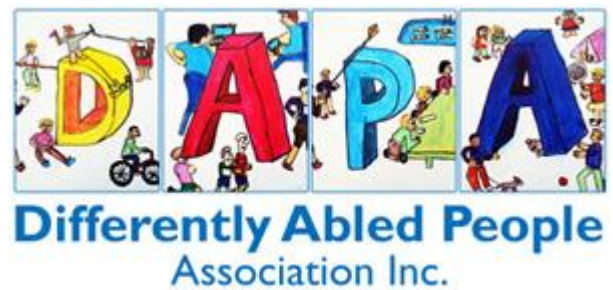


協能自生會

Address | Unit 1, 378 Parramatta Road, Homebush NSW 2140
Website | www.dap.asn.au
Phone | (02) 9763 5702
Email | info@dap.asn.au



DAPA August 2017 Activity Report

NDIS in Implementation

Almost all of our participants are registered under NDIS. We have one person who has not received any funding before but wants to access NDIS now. We also have one person who suddenly received phone call from NDIA representative wanting to interview as he is registered via a service provider without his knowledge.

It took quite a long time for us to understand how the claim procedures are implemented. Even now there are queries about how to apply appropriate item numbers to the services approved in the clients NDIS plan. So we have been attending providers sessions with NDIA internal consultants how to deal with individual services whether clients are self managed or provider managed. We are now associated with a contact person in NDIA in order to clarify any queries.

NDIS—the next steps

Some of our executive management committee recommends to hold an annual or monthly Open Day to show how we perform our duties to care our participants and what are our daily activities helping them to achieve their goals. At the same time, we should encourage our participants and carers to suggest ideas to improve our services.

DAPA—Coming Events

The first **Open Day** held on 30th August 2017 went well with a number of visitors taking notes and asking questions. The day started with showing a video display to introduce how DAPA functions and how we have an individual education program targeting each single participant depending on the need especially in the independent skill training.

We explained that each participant would be encouraged to take part in all the programs we offered where in some optional programs would be on voluntary basis. However some personal hygiene programs might be recommended to take part as an essential exercise. People with intellectual disability might like to do activities that they had preference and they would do in their way. It would be hard to change their thoughts. As a carer, we would like to change their thought to break the barrier. Our job would enable them to achieve good practices in their daily activities. Inclusion is the **key**.

Stronger Forever Program

Ongoing internal training for DAPA support workers are important. This year we are having two Cert IV and three Cert III accredited courses in our office at present. Possibly more people will join later in the year.

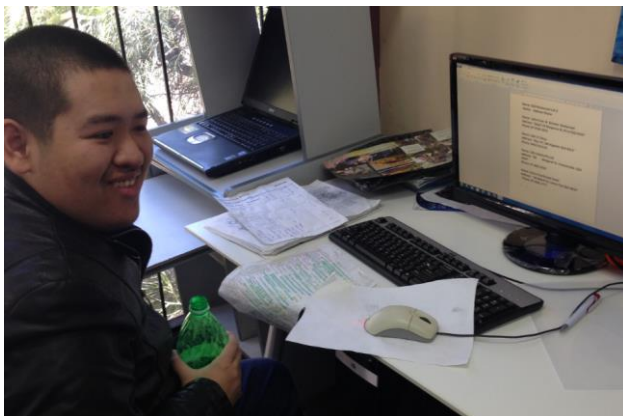
Through NDIS funding, we will offer more Capacity Building courses to our participants. One participant is learning Photoshop and three others are attending the robot building classes. Some participants show rejection of learning such as numeracy and literacy, we are continuously creating new games that participants may show interest in learning without text books or computer aided learning programs. That is why Jennifer has introduced a card system for lower levels and also a tutor system (shown on the right) for higher levels.



Knowledge Based Skills:

Keyboard Skills

Learning to type address in a coloured form is fun.



Happy Henry!

Literacy Skills

What is a group of chickens called?

Brood



Life Skills:

How to cook Sticky Rice in 20 minutes

During our Open Day, our celebrity chef, Mrs. Cecilia Lau, told us the trick to do this well-known Chinese dish in 20 minutes. Traditionally this dish should be prepared in hours. Cecilia told us the trick is to soak the sticky rice in water for three hours the night before. To cook the sticky rice mixed with Chinese sausages and dried mushroom on a steamer for about 10 minutes. Open the lid and turn the rice mixture for another few minutes to release excess water. The rice is ready to serve then.



Aroma fills the room!

Participation in the Community:

Performance in Campsie

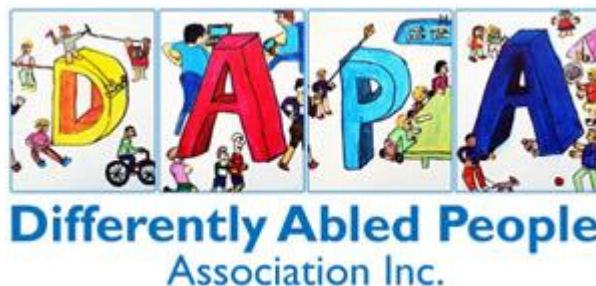
On 16th August, DAPA joined SSI and other disability organisations to promote multiculturalism in disability sector. We sang a piece in Beijing Opera, a RAP song and also a Bon Jovi song. Although the day was very windy but message was well received.

We thanked SSI for organizing this event.



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Differently Abled People Association (DAPA) is a not-for-profit charity organisation founded in Sydney in early 2013. It encourages and supports people with any disadvantage, with **special emphasis** on autism & intellectual disability, to follow their dreams and to live independently.

Stronger Forever Program

We employ known psychological techniques in a normal living environment for people with a disability to adapt and to enrich their lives in creating social and multicultural inclusion:

Employment : We **start** the morning to **train** their **fresh mind** by learning typing and to do computer data entry tasks for **ManyMindsLink (Mobile App)**. We **will pay** them according to Supported Wage System when their productivity rate can be measured. Their work rate will be **revealed** at Monday progress meetings chaired by participants. **Positive Reinforcement technique** is frequently used to encourage participants to reach their weekly targets.

Recreational Programs - Having fun and socializing with friends is a major part of DAPA. We try to embed the element of **recreation** across all our programs in between working hours

Life skills - We provide support and training to enable people with a disability to develop skills required to assist in living as independently as possible in a home of their choice:

- cooking and nutrition
- home maintenance and hygiene
- healthy lifestyles (swimming, gym etc)
- communication and social skills & development of social networks
- confidence building

Your Support - Please support our cause and vision with action to:

- Become a **Friend of DAPA**.
- Tell other people about this venture
- Download our MMLink App to get familiar which can help people cared by **DAPA**
- Be a **volunteer** of **DAPA**

Go to our website www.dap.asn.au or Scan our QR Code

