

DAPA July 2018 Newsletter

NDIS–Parent’s Choice or Client’s Choice

The funding from NDIS is usually to be spent for achieving a particular goal listed in the client’s approved plan. When the approved plan has funding for a support coordinator, a client, or the parent *in the case the client cannot make decision*, can ask for advice from the support coordinator in the choice of which support would be more appropriate.

Distance to travel may be a factor guiding the choice of which service provider to pick. However the content and quality of service delivered are all valid points of consideration. Many parents are neglecting the purpose of funding for a goal rather than convenience. Although a client’s choice is important to be respected, the parent may have a reason to convince the client that there may be other better alternatives. If a client likes to go to a same group of friends doing group centre activity for a few years, some parent may want the client to go to another group to meet new friends to better fit for reaching a goal.

At the review of your NDIS plan, close to the end of Plan date, one should look at how each goal in the plan was achieved or perhaps neglected. If some funding allocated for a particular goal has not been spent, then it may be seen by the NDIS as not necessary.

NDIS–Where DAPA can help

DAPA, through our Stronger Forever Program, has been registered to provide the following services under NDIS:

- Development – Life Skill
- Group Centre Activity
- Participate Community
- Personal Activity High and Assist Personal Activities
- Assist Access/Maintain Employment
- Household Tasks
- Support Coordination

However, DAPA currently only accepts a selective few for Day Care services to maintain a cohesive group of people to integrate them into learning independent living skills.

Stronger Forever Program

DAPA has upgraded the Stronger Forever Program Handbook in line with NDIS services. It now shows all the services we can provide under different categories such as Core Support, Capacity Building Support and Transportation.

Starting this year, we will continue our training program for Cert III in Individual Support. This will strengthen our support team to care for more participants in a stable personal relationship. Here we congratulate Hong Lin for completing her Cert III for Individual Support and her certificate from Department of Education will be received shortly. This year we will employ three more trainees who will study this certificate course.

Our staff and volunteers are working hard to help build better work training programs. This helps to create a better future for our participants and for the future of all people with disabilities. Here on the right is a photo introducing two young university students to our team. They would like to be trained as support worker for our participants.

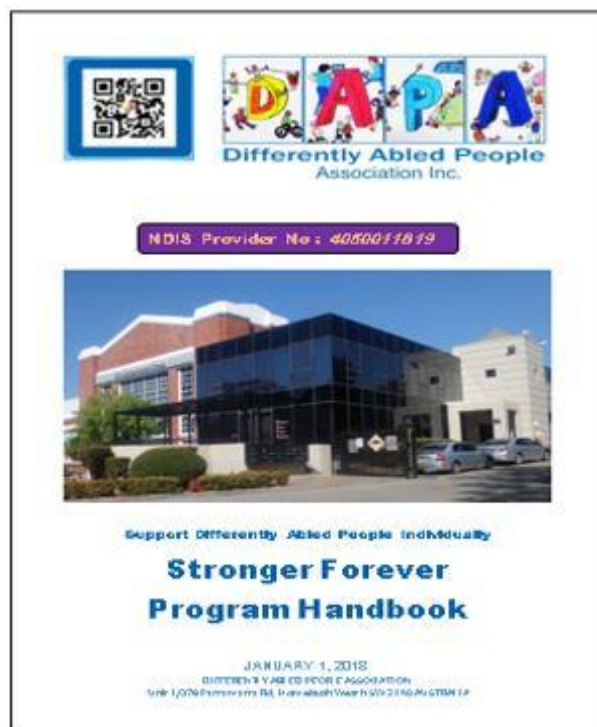
Living Skills Training

New Participant Cooking Pasta:

On 4th July we had a new vocational participant learning how to cook pasta. Every participant enjoyed it so much.



On top of the pasta, it certainly tasted much better when we sprinkled some of the cheese our new participant made the previous day.



Personal Training

Our two new trainees Billy and Kevin were keen in body training. So we had our participant Bowman booked in at Ryde Eastwood Leagues Club for 20 day \$20 training starter program.

Bowman learned and liked the 10 minute Treadmill exercise with Billy and Kevin.



Bowman enjoyed 5 minutes on cycling



5 minutes on the Ecliptical Machine



JOB VACANCIES

School leavers or enthusiastic young persons with autism or an intellectual disability, come to join our exciting fast-growing team.



Now DAPA is expanding to a new office in Chatswood (near the station) and we are recruiting more participants to learn IT skills: ready to be employed with us on a Supported Wage System.

If you are a person with intellectual disability and are leaving school or have left school and are wanting to work in the IT industry, please contact Vincent Yu on 0417418180 or email info@dap.asn.au for an interview.

Opportunities for late 2018-19:

If you are keen to join the hospitality industry, we are also offering an 8 week short course to learn basic cuisines led by a qualified chef. Contact Vincent Yu or email info@dap.asn.au.

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Differently Abled People Association (DAPA) is a *not for profit* charity organisation founded in Sydney in early 2013. It encourages and supports people with any disadvantage, with **special emphasis** on autism & intellectual disability, to follow their dreams and to live independently. DAPA is quality accredited and an NDIS-approved service provider for Transport and Day Centre activities.

Stronger Forever Program

We **employ known psychological techniques** in a **normal** living environment for people with a disability to adapt and to enrich their lives in creating social and multicultural inclusion:

Employment : We **start** the morning with real work to learn typing and to do computer data entry tasks for the **ManyMindsLink (Mobile App)**. We **will pay** Participants according to Supported Wage System when their productivity rate can be measured. Their work rate will be **revealed** at Monday progress meetings chaired by Participants. **Positive Reinforcement techniques** are frequently used to encourage Participants to reach their weekly targets.

Recreational Programs : Having fun and socializing with friends is a major part of DAPA. We try to **embed the element** of recreation across all our programs in between working hours. In this way, we avoid Repetitive Strain injuries and develop new interests. We encourage arts, music, dance, drama, internet research, sports and we support Special Olympics.

Life skills : We provide support and training to enable people with a disability to develop skills required to assist in living as independently as possible in a home of their choice:

- cooking and nutrition
- home maintenance and hygiene
- healthy lifestyles (swimming, gym **etc**)
- communication and social skills & development of social networks
- confidence building

Your Support : Please support our cause and vision, with action to:

- tell other people about this venture
- download our MMLink App, designed to help all disabled people
- become a Friend of DAPA

For further information, Go to our website www.dap.asn.au or Scan our QR Code:

