



Benefits of Learning Arts

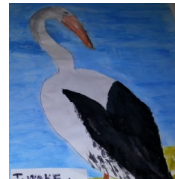
Wikipedia defines art as a documented expression of feeling. We can say that it is a product, created by human or non-human, that our sensory organ will receive and transmit the effect to our brain to be appreciated. Painting and drawing is an oldest form of visual art that exists almost at the beginning of human race. Some people as young as kindergarten age can start painting and its benefits can be found in many areas affecting our lives. These ranges from fostering creative growth, strengthening memory, building problem-solving and motor skills, offering stress relief, promoting an optimistic attitude and nurturing emotional growth. For children, arts can encourage neural connections and social connection to help them to better understanding themselves and the world. For many artists who can live long lives because painting is like meditation that helps functioning of their brain and body.

Painting Lessons and communication sessions

A few hours every week, our arts teacher Jennifer would spend time to teach individual participant to paint according to their needs and choices and communication basics.

She explores how to bring their Interest to talk and to draw.

Come to join our vocational Sessions.



Arts Classes & Living Skill Training

Open one week only from 2nd October 2018

A limited seats for people with intellectual disability aged from 6 to 24

Any time from 9am to 2pm weekdays

Cost - \$ 25 per hour or \$ 125 per day for Non-NDIS participant

For NDIS participant, claim under 04_165_0136_6_1 or equivalent

Differently Able People Association Incorporated.

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