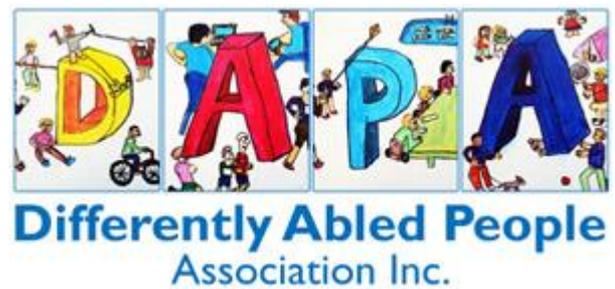


協能自生會

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## **DAPA March 2019 Newsletter**

### **NDIS–Disability and Employment**

The federal government announced a \$33m for Boosting the Local Care Workforce (BLCW) program in December last year. It is intended to build disability sector capacity and service provider readiness under. Under BLWC program, a self assessment program is freely available from <https://blcw.dss.gov.au/readiness> to see if a provider is ready to become an efficient NDIS registered service provider. DAPA has been working with the BLCW program since it commenced to better plan for the future for our participants as the NDIS continues to grow.

NDIS also announced a new grant round for the Information Linkages and Capacity Building project to enhance the capacity of the information available to NDIS participants and their families as well as building additional tools and resources for providers and participants to better engage in the NDIS including building pathways which increase employability for people with disability.

### **NDIS–Where DAPA can help**

DAPA, through our Stronger Forever Program, is a registered provider of NDIS funded support. We provide day care and training in all aspects of independent living skills. We have stressed the importance of care workers with empathy to assist our members to enabling them to have employment skills in IT areas as part of requirement in our program. This will prepare them to get a meaningful employment in the future. Already we have had success in two of our members being employed full time in Canberra forming their own family now. Following the visit of our member Gokul Shanker coming from Canberra last month, we have another member Prashanth learning Chinese in communicating with us in the preparation of his tour to China and would bring some films and souvenirs to us in April.

Do you have spare time to share and you want to contribute back to the community? Come to share our experience by volunteering. The experience is fulfilling and rewarding.

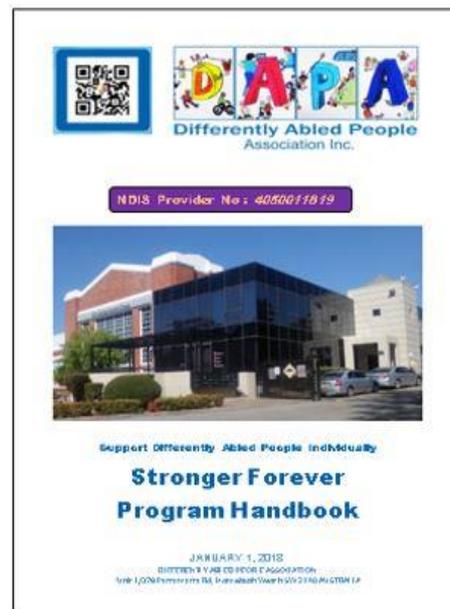
If you want to find out any service providers near your residence especially people with language problems, you can also download our MMLink smart phone application which contains all the carer groups from different cultural background.

If you want to find out more about NDIS and how to access the scheme, please look at our website [www.dap.asn.au](http://www.dap.asn.au) or directly talk to us on 02-97635702. We are happy to help.

# Stronger Forever Program

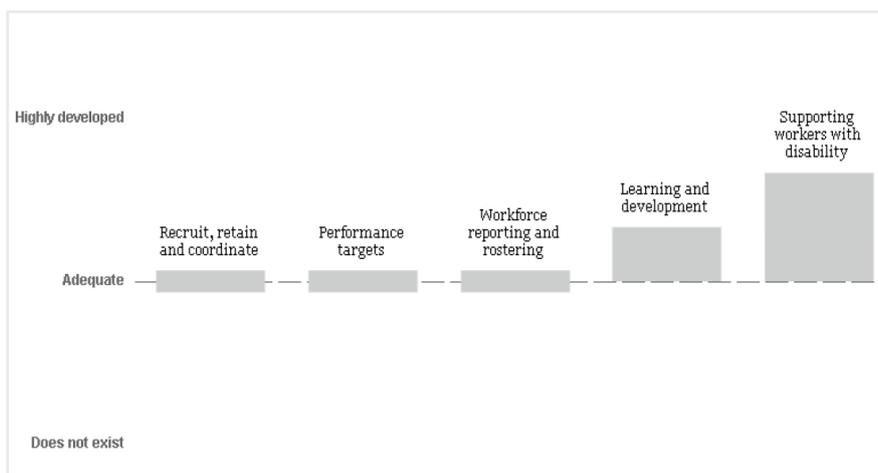
DAPA has upgraded the Stronger Forever Program Handbook in line with NDIS services. It now shows all the services we can provide under different categories such as Core Support, Capacity Building Support and Transportation.

We applied our self assessment exercise using our SFP procedures and organisational information and Obtained the following NDIS service provider's Readiness Plan results (see below) :



## 4. People and Capability

Due to the evolving needs of clients and the nature of the disability services sector workforce, it is becoming increasingly important to attract, recruit and retain staff with appropriate skills and capabilities.



### Areas of strength:

Supporting workers with disability

### Areas for improvement:

- Recruit, retain and coordinate
- Performance targets
- Workforce reporting and rostering

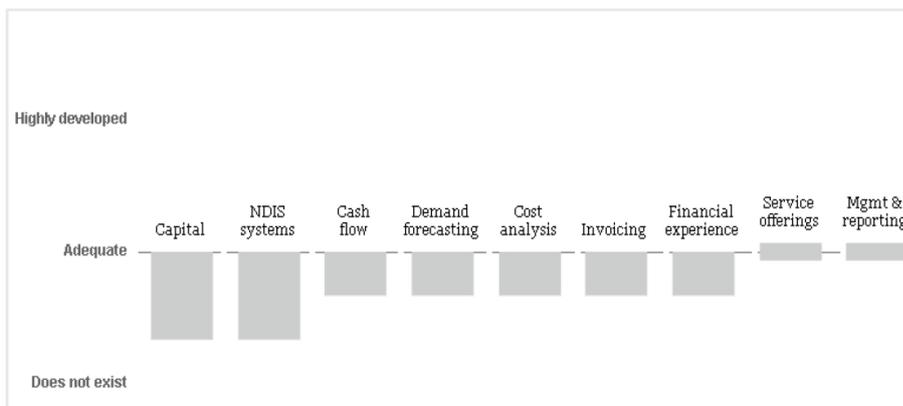
### Areas of chosen concern:

- Supporting workers with disability
- Workforce reporting and rostering

To strengthen your approach for Recruit, retain and coordinate:

## 1. Financial Sustainability

Financial Sustainability is the assessment of the organisation's ability to operate sustainably over the long-term. The assessment has been designed to assess the organisation's level of organisational maturity in managing its financial sustainability, in terms of the sophistication of its understanding of, and approach to profitability, revenue capture, variable and fixed cost drivers, budgeting, processes and controls.



### Areas of strength:

- Service offerings
- Mgmt & reporting

### Areas for improvement:

- Capital
- NDIS systems

### Areas of chosen concern:

- Working capital requirements
- Understanding of service offerings

# Living Skills Training

## Learn Reading

Our Participant “L” had joined us for over a year now. She used to be less cooperation to learn typing and book work even though she had average ability to do all those programs. Since Jennifer went through children books which described many animals and people with interesting stories, she loved to join her reading sessions now.



## Learn Indian Cooking

Last year we had cooking lessons at New Empress Chinese restaurant where Savitha had taught us how Indian dishes were prepared with all different kinds of spices. Our participants looked on and cooked with such interests as seen in the photo below:



Everyone enjoyed cooking



Last Month we asked Savitha to do it again in our office. She prepared an Indian street dish and also taught us how to knead the dough for Indian Chapati (one of the Indian breads in the Google’s Wikipedia above left).

### Recipe for Indian Street Food called ‘Tomato Chat’:

1. Slice tomato round shaped and place each slice on tray separately
2. Keep one papdi snack on top of each slice.(Papdi foundt in Indian stores)
3. Put thin sliced fresh onions, carrots, corainder leaves on top of it.
4. Pour 1 tsp of coriander sauce ( To make coriander sauce; grind 1 bunch of coriander leaves, 1 garlic, 1tsp lime juice, 1/4th tsp cumin seeds, 3tsp fried peanuts, 4 lmint leaves, salt and sugar)
5. Pour 1 tsp of tamarind sauce ( To make tamarind sauce, Boild 1 cup of tamarind +1 cup of dates and filter it)
6. Keep dry sev & puffed rice on top of each slice (Sev & puffed rice snack can be bought in Indian stores)

Thats it. Take a bite of each slice with all above ingredients. Easy and quick snack to munch at coffee time. Kids love it



# Participation in the Community:

## Harmony Week in Eastwood

Despite the rainy weather and the flu season, Our music team did a crowd-pulling performance at Eastwood Plaza Stadium for the Ryde Harmony Week festival. Both Bowman and Hong did well even they had not got enough rehearsal time for their song. Bowman did extremely well with the six minute performance of Bohemian Rhapsody without forgetting all the words.



## Vincent & Jennifer at Bradfield Carer Group

For two consecutive Saturdays, Jennifer and Vincent went to join Bradfield Carer group to learn how to care about people with mental illness. They taught us how to notice that any person had issues with the mental state and how to react when a serious problem occurred. During the two weeks, both Jennifer and Vincent were awarded Mental Health First Aid certificates.

