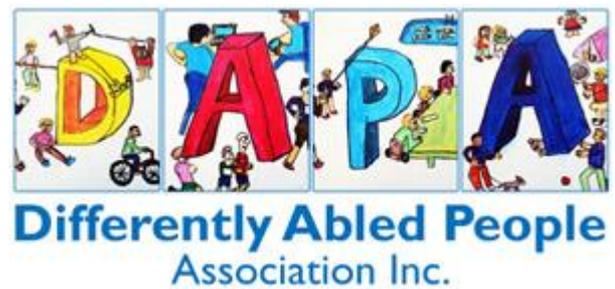


## 協能自生會

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Website | [www.dap.asn.au](http://www.dap.asn.au)  
Phone | (02) 9763 5702  
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## **DAPA August 2019 Newsletter**

### **NDIS - DAPA's Job Creation Initiation with Sunnyfield**

Sunnyfield and DAPA combines to form Sunnyfield Differently Abled Team engaging in data entry jobs in the IT industry. The first attempt was to create a data entry job for SBS project starting in August for approximately the next two months. A DAPA team of six original data entry team would be joined by two Sunnyfield participants. We would attempt to be working with their participants in a permanent base.

The new office would be gradually more like our Homebush inclusive office model. It would be attempting to connect with local carer groups and service providers for more resources and activities for the participants in the team.

### **NDIS-Where DAPA can help**

DAPA, through our *Stronger Forever Program*, is a registered provider of NDIS funded supports. We provide day care and training in all aspects of independent living skills. We have stressed the importance of care workers having empathy to assist our members in enabling them to develop employment skills in IT areas as part of their involvement in our program.

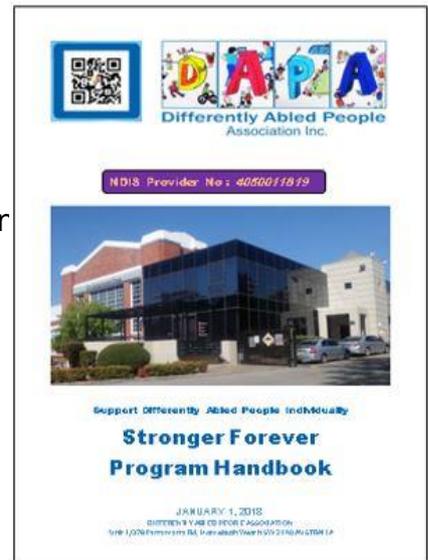
By practically working in a professional product but in an inclusion environment, participants are gradually grasping what work and productivity really mean and how to adapt to a real office work slowly. For example one participant may find others are a bit too noisy for him without being told that his own loud music in his ear phone being too noisy as well. He has gradually learned to work quietly and has got used to the noise around him too. This will prepare them to get meaningful employment in the future like some of our ex-participants. There are a lot of behaviour problems that we will have specialist visiting us as often as weekly.

We are continuing developing courses and utilities for support services. We found that learning is easier when the participants have been put in the real environment such as speech and relationship improvement.

# Stronger Forever Program

DAPA has upgraded the *Stronger Forever Program Handbook* to be in line with NDIS service delivery. It now shows all the services we can provide under different Categories, such as Core Support, Capacity Building Support and Transportation.

DAPA has now restructured to provide a special Inclusive workplace MMLink company to start marketing process for the future of our participants to work and to play as long as they would like.



# Living Skills Training

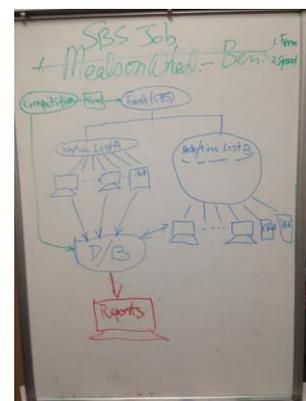
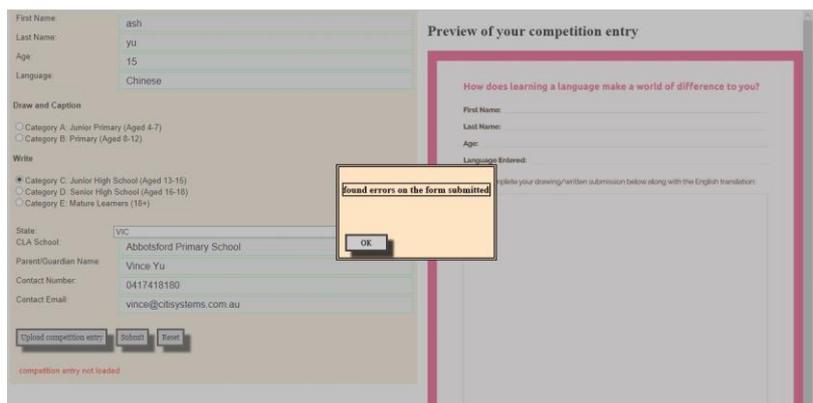
## Developing Inclusive Workshop & Its First Project

In August, Sunnyfield and DAPA formed Sunnyfield Differently Abled Team on Sunnyfield Enterprise site. This was intended to gradually develop into an Inclusive IT workshop for participants in Sunnyfield sharing DAPA's specialised resources.



This month we had office setup to suit an IT workshop see the above photos. We also started a data entry project for SBS job which excited both Sunnyfield and DAPA participants.

The initial design for the SBS Job was presented (See photos below and on the left).



## Qi Class Between Work

A new program in Qi exercise has started in August so that participants can be easily relaxed in between their working hours. Qi is the energy source flowing abundantly in our universe according to Chinese scientific terminology. Human body has ability to grow, work and think because of the flow of Qi circulating around our cells and organs while our blood transports food and oxygen we need being pushed by Qi.



Such classes would prevent RSI (Repetitive Strain Injury) in IT industry.

## Participation in the Community:

### Social Inclusion Project.

This year DAPA started our Social Inclusion Project targeting residents and services to come to our stall 156 at Granny Smith Festival on 19<sup>th</sup> October. Our musical group is also working hard to perform on stage on that day. For publicity we are targeting Eastwood Chinese Senior Citizen Club and Special Olympics Sydney Upper North Shore Club.

On 2<sup>nd</sup> October we would sponsor to help Eastwood Chinese Senior Citizens Club to celebrate their 28<sup>th</sup> Anniversary. There would be over 120 people attending where we would advertise for them to download our free socially accessible smart phone app "Our Ryde" (see flyer below):

Join us by participating in 'Special Olympics Fun Run' & 'Eastwood Senior Citizens' club events  
(Refer to our website 'www.dap.asn.au')

\* Offer Available till 19th OCT, Granny Smith Festival finished (till 4pm)  
\* Collect the voucher on 19th Oct @DAPA Stall 156, Granny Smith Festival, Eastwood (before 4 pm) by showing winner message @settings screen on your mobile app

**Attention!**

Differently Abled Peoples Association Inc  
Announcing

**\$30 Giftvouchers**  
for download of Free mobile App  
'Our Ryde' / 'OurRyde'

**gift CARD**

Join us by participating in 'Special Olympics Fun Run' & 'Eastwood Senior Citizens' club events  
(Refer to our website 'www.dap.asn.au')

\* Offer limited to 100 Vouchers only  
\* Offer Available till 19th OCT, Granny Smith Festival finished (till 4pm)  
\* Collect the voucher on 19th Oct @DAPA Stall 156, Granny Smith Festival, Eastwood (before 4 pm) by showing winner message @settings screen on your mobile app

## **Carers Week on 16<sup>th</sup> October.**

This year DAPA will hold Henna program to celebrate 2019 Carers' Week lunch in our office.

See the information here:

Differently Abled Peoples Association Inc  
Celebrating

**NSW CARERS WEEK**

on

16th Oct, DAPA Office (Homebush)

**DA Pa** 協能自生會

**Join us to know more about DAPA**

**cherish your taste buds with SriLankan spices for lunch**

**Try Indian Art Henna on your hands**

For more info, contact Vincent Yu, 0417418180, President, DAPA